

# Ephesians Chapter 1

1. What caught your attention or stood out to you most in the teaching?

In verses 4 and 5, we are told that God decided before the time began that Christians would stand holy and blameless before Him and be adopted into His family.

2. Do you view yourself as an adopted child of God? If not, what is holding you back?
3. Take some time to think about standing holy and blameless before God. Will this change how you relate to God? Why or why not?

In verses 7 and 8, we are shown the redemptive work of Jesus and the forgiveness it brings. In verses 9 and 10, we are told that, before time began, God planned to unite all things through Jesus.

4. Verse 10 mentions that all things in heaven and all things on earth are to be united in Jesus. In light of Colossians 1:16, how have all things been united in Jesus? (Note: the "Him" referred to in Colossians is referring to Jesus.)
5. In light of what we see in Colossians 1:20, how has Jesus united us in Himself?
6. Now that we know *the plan*, does it change your worldview at all?

In verse 11, we are told that, since before time began, God's will was to give us (Christians) an inheritance. The words used here refer to an inheritance passed to an heir. We are heirs in Christ. In verses 13 and 14, we are also told that in Christ, we are sealed with the Holy Spirit, who guarantees our inheritance until we can take possession of it.

7. If something is sealed by God (the Holy Spirit), would you expect that to be a temporary or a permanent promise?
  
  
  
  
  
  
  
  
  
  
8. In verse 16, Paul states that he does not cease to give thanks for the believers to which he is writing. Do you practice ceaseless thankfulness? If not, how do you think it would affect you if you did?
  
  
  
  
  
  
  
  
  
  
9. In verses 17-20, Paul is praying over the believers to which he's writing. List the things Paul prays the Father will give them. Choose the one you might like to pray for yourself and explain why.

Application:

10. Write down at least one thing that you can take from this chapter and apply to your life.